

## Backpacking Gear List

*note: This is my current gear list, yours may differ depending on your personal preferences.*

### Pack

- 1 Pack Granite Gear
- 1 Pack cover
- 2 trash compactor bags

### Shelter

- 1 Tent TarpTent
- 1 Tent poles

### Sleeping

- 1 Sleeping bag Sierra Designs
- 1 compression bag
- 1 Pad ThermoRest
- 1 stuff sack for pad

### Clothing

- 2 short sleeve polyester shirts Duofold
- 1 lightweight long-sleeve polyester shirt
- 1 Nylon shorts swimsuit
- 1 Nylon zip off long pants Ex Officio
- 3 pair synthetic hiking socks
- 1 hiking shoes Merrill, or sturdy athletic shoes
- 1 Windshirt or fleece jacket Marmot
- 1 hat with visor
- 1 pair of sandals Teva or Crocks
- 1 umbrella Go Lite or durable

### Cooking & Eating

- 1 alcohol stove homemade
- 1 alcohol fuel - 12 oz.
- 1 1.5 quart pot
- 1 camp suds, scrubber
- 1 Lexan spoon
- 2 Aqua-Mira water purifier bottles
- 2 1-liter pop bottles
- 1 waterproof matches
- 1 Garbage bag
- 1 platypus water bag
- 1 can opener
- 1 bear rope/clothesline - 1/8" x 30'
- 2 stuff sacks for food
- 1 2' x 3' mylar film for sitting

**Personal**

- 1 toothbrush
- 1 toothpaste
- 1 dental floss
- 1 comb
- 1 disposable razor
- 1 earplugs
- 1 toilet paper
- 1 trowel
- 1 bandana - for towel and cleaning glasses
- 1 sunglass clip-ons
- 1 pen knife
- 1 flashlight w/head strap
- 2 fresh batteries in flashlight
- 1 money & ID
- 1 phone card
- 1 "AT Thru-hiker's Handbook" - selected pages
- 1 digital camera
- 1 journal & pen
- 1 watch

**Safety & Repair**

- 1 duct tape
- 1 Thermarest repair kit
- 1 compass
- 1 sewing kit
- 1 birthday candles, tinder
- 1 whistle

**First Aid**

- 1 Chapstick
- 1 sunscreen
- 1 moisturizing lotion
- 3 moleskin
- 1 adhesive tape
- 2 steroid cream
- 1 Ibuprofen - 32 tablets
- 1 bandaids, gauze pad, antiseptic, bag

**Clean Clothes for return**

- 1 T-shirt
- 1 long sleeve shirt
- 1 underwear
- 1 short pants
- 1 long pants
- 1 socks
- 1 towell